



Contact:

Jennifer Armenia

Marketing Director

jarmenia@thesaybrookathaddam.com

Phone: (860)-345-3779

Nursing Veteran Lucille Bowen Joins The Saybrook at Haddam as Wellness Director

With more than two decades of experience in healthcare and wellness Lucille Bowen joins The Saybrook at Haddam team as its Wellness Director.

“I am so pleased to have Lucille join the leadership team at the Saybrook at Haddam,” said Perry Phillips, Executive Director of The Saybrook at Haddam. “Lucille brings a wealth of experience with a person-centered approach to care and a high level of professionalism. We are very fortunate to have her join our team.”

Prior to joining The Saybrook at Haddam, Lucille held several healthcare-management positions in assisted living facilities including Resident Care Director at The Residence at Brookside as well as the River Ridge at Avon. She was also a Rehabilitation Program Manager at Brittany Farms Health Center, a Program Director at GuildCare Manhattan, a Coordinator for Sub-Acute Services at Kateri Residence, and Nurse Manager at Village Center for Care and the Village Nursing Home.

Early in her career, she was a Staff Nurse at Mount Sinai Hospital, which helped her to realize her enjoyment in caring for and working with older adults.

“At Mount Sinai Hospital in New York, while working on their ACE (Acute Care for the Elderly) unit, I began to realize the importance of providing a holistic approach to care,” Lucille explained.

As the Wellness Director, Lucille is responsible for the successful operation of the resident care department, including the direct supervision of all nursing and resident care positions, and has the responsibility to hire, train and discipline all nursing and resident care staff. She also assesses all incoming residents and serves as a member of the community management team and as the Executive Director in his absence.

Lucille holds a Master’s in Science in Health Services Management from New School University and a Bachelor’s Degree in Nursing from College of Mount Saint Vincent. Prior to her nursing preparation, she taught English to grade school children.

In her off time, Lucille enjoys spending time with her son, daughter and her three grandchildren, and her dog Gabby.

[The Saybrook at Haddam](#) is a 79-apartment senior living retirement community that provides independent retirement living services along with state-licensed assisted living services to its residents. The 26-resident Safe Harbor Memory Care unit offers a full range of personalized services for those who have Alzheimer's, dementia and other memory-related services. To schedule a private tour or for additional information call 860-345-3779. The Saybrook at Haddam is owned by MCAP Sabine Point LLC.

The Saybrook at Haddam

1556 Saybrook Road
Haddam, CT 06438

www.thesaybrookathaddam.com